INTRODUCTION TO HIPPO THERAPY: CLASSIC PRINCIPLES

an American Hippotherapy Association Approved Course
30 APRIL - 2 MAY 2004
CHATSWORTH/ LOS ANGELES, CALIFORNIA

Hippotherapy is the use of the movement of the horse as a tool to affect dynamic changes in the sensorimotor systems of patients. Integrated into treatment, hippotherapy can be used to address impairments, functional limitations, and disabilities, resulting in functional gains. This course is designed for PT’s, OT’s and SLP’s treating children or adults with neuro-motor dysfunction and interested in expanding their current practice. This workshop is a pre-requisite to becoming registered with the American Hippotherapy Association (AHA).

Using lecture, video, and extensive hands-on activities in the arena and on horseback, you will learn:

- which patients will benefit from this tool;
- how to direct a treatment session;
- how to progress the patient;
- how to choose the right horse for Hippotherapy;
- how to match patient to horse;
- what tack and special equipment is needed; and
- what documentation is needed to incorporate hippotherapy in your practice.

The faculty has over 40 years of experience in hippotherapy. The host site, Ride On Therapeutic horsemanship has the only NARHA accredited Hippotherapy Program in Los Angeles or Ventura County. Please join us in an experiential 3-day workshop where you will learn about the power of the movement of the horse in treatment.

WHERE: Chatsworth, California. Conveniently located off the De Soto exit of the 118 freeway in the Northwest San Fernando Valley, the ranch address is 21126 Chatsworth Street. Recommended hotels are the Radisson (818.709.7054) or the Ramada Inn (818.998.5289), both in Chatsworth and within a 5 minute drive to the facility. Burbank airport is about 25 minutes away; LAX is about 45 minutes.

FACULTY: Ruth Dismuke-Blakely, MS/CCC-SLP - Ruth is the founder and director of Skyline Therapy Services near Albequerque, New Mexico, a full time outpatient clinic that has specialized in using hippotherapy within PT, OT, or SLP treatment for over 25 years. She is an AHA Faculty Coordinator, has served on the AHA Board of Directors and as a Hippotherapy Clinical Specialist, continues on the Certification Board. She is a life long horsewoman - breeding training and showing quarter horses. She has lectured internationally and published numerous well-regarded articles on hippotherapy.

Joann Benjamin, PT, HPCS - Joann has practiced physical therapy for over 20 years, and has been involved with therapeutic riding and hippotherapy for the last 17. She currently directs the hippotherapy program at Ride On in Southern California, serving both children and adults. She serves on the NARHA Health and Education Committee, and is past Secretary for the AHA Board. She is a Hippotherapy Clinical Specialist and is approved AHA Faculty.

COST: $425 per participant payable to “Ride On” – includes AHA manual Payment/Registration is due by 1 April 2004 - Registration is limited to 30 students

CONTACT: Ride On Therapeutic Horsemanship 818.700.2971 gloria@rideon.org
Joann Benjamin 818.907.0971 joannbenjamin@vdn.com
APPLICATION FOR ATTENDANCE

NAME:  _________________________________________________________________

ADDRESS:  _______________________________________________________________

PHONE:     _________________________  ALT:  ___________________________________
FAX:        __________________________  EMAIL: _________________________________

PROFESSION:  _______________________________________________________________
STATE/ LICENSE NUMBER:  _____________________________________________________

SPECIAL NEEDS/ DIETARY RESTRICTIONS:  ________________________________________

BRIEF BACKGROUND/ EXPERIENCE:

THERAPY:  _______________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

EQUINE:   _______________________________________________________________

_____________________________________________________________________________

_____________________________________________________________________________

• During the course, you will be given an opportunity to be on horseback. Please bring a riding
  helmet/closed toe shoes if you have them. You will be asked to sign a release of liability with Ride On
  Therapeutic Horsemanship. If your weight exceeds 200#, you will be excused from the riding portion of
  the course. If you have physical accommodations that need to be addressed, please indicate these above.

• We will be outdoors for much of the course, please be prepared for any type of weather. If you have
  health restrictions which may limit your physical participation, including walking on soft ground, or
  allergies, please indicate these above.

• The cost of the course is $425. Refunds, minus a $50 administration fee, will be granted only with written
  request. Meals will be on your own. Snacks/drinks will be provided.

• Registration/payment must be received by 1 April 2004 at
  Ride On
  21126 Chatsworth Street
  Chatsworth, California  91311
  fax  818.700.8591

• If you have further questions, please contact Joann Benjamin at 818.907.0971; Ride On at 818.700.2971

I would like to participate in the Introduction to Hippotherapy:  Classic Principles, a 3 day
workshop at Ride On in Chatsworth, CA from 30 April – 2 May 2004, and will be able to fulfill the
conditions listed above.

SIGNATURE:  ________________________________  DATE:  __________________________

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